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Information Packet for Sparks Coxswains Only Camp 2016

Registration: Camper Registration will take place at the Marriott Residence Inn Bricktown in Oklahoma City from 3-4pm on the first day of camp (July 25 and August 1).

Directions: A map and directions to the hotel can be found [here](#).

Camp Phone: **Emergencies only:** 202-285-9814 [Leanne Davis's cell phone]. All other contact should be to leanne@sparksconsult.com Email will be answered in "triage" fashion in a timely manner.

Travel Form: Make sure your child has a valid form of photo ID before traveling. Even those traveling by car must return the travel form no later than 1 week prior to the start of camp.

Health Form: The Health Form must be completed and brought to camp at registration. CAMPERS CANNOT PARTICIPATE WITHOUT THIS FORM. Do not send the form in advance, send them with your camper on the first day of camp. If you use a Health Form different than the one on our website (not recommended) it must have all the same information or else we will not accept it.

Health and Safety: Drugs, alcoholic beverages, and cigarettes are forbidden and not permitted at camp. Along with general misconduct, any of those substances are grounds for immediate dismissal from camp without refund or credit.

Roommates: Campers are housed 3 per room in a 2-room hotel suite. Every effort will be made to house campers with other campers their same age. Several of the coaches and staff will stay in the hotel during the week.

Payments/Cancellations: Payment in full must be made at the time of registration. Refunds minus the \$500 deposit and administration fee are available until 30 days prior to the start of camp. If you need to cancel your registration, please let us know so we can accept another camper off the waiting list.

Discipline Issues: All athletes are expected to abide by the Code of Conduct they bring signed by themselves and their parents to camp. Consequences for violations of the Code of Conduct or other camp policies and expectations will be at the discretion of the Camp Director. Reminder: if your child is dismissed from the program, there will be no refund and you will need to make arrangements for him or her to return home as soon as possible.

Checklist of things to bring:

- Camp Forms (Camper cannot participate without these)
- Health Form (physical)
- Waiver
- Code of Conduct
- Clothing for coxing, launch riding, and working out
 - Socks and underwear
 - Sunscreen/hat/water bottle (very important!!)
 - Pajamas
 - Toiletry/personal items (bath towels, soap, washcloths)
 - Casual clothes for between and after practice
 - Running shoes and sandals
 - Watch
 - Voice recording device (digital voice recorder, smartphone, etc.)
 - Cox box (if possible)
 - Alarm clock
 - Snacks and sports drinks, if desired
 - Spending money for vending machines or lost or forgotten personal items.

Camp Blog: A daily camp blog will be available on our website for parents to follow camp and be updated on any changes of schedule. You can find this year's blog, and blogs of our prior camps [here](#).

Out of Town Campers: See the Travel Info Sheet. If your camper is flying and you are having difficulty finding flights that work with the timetable, please let us know. While we are not entirely responsible for those arriving early, there will be a staff member staying at the hotel and we can ensure your child has arrived to the hotel safely and is where s/he needs to be for registration. Please contact us for more information.

We will note campers who have to depart early when we receive your travel form. The coaches will do their best to make sure your camper receives all the pertinent information possible before their departure.

Questions: If you have more questions, feel free to contact Dave Payne at davep@sparksconsult.com